



Galatians 6:1-5

6 Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted. ² Bear one another's burdens, and so fulfill the law of Christ. ³ For if anyone thinks he is something, when he is nothing, he deceives himself. ⁴ But let each one test his own work, and then his reason to boast will be in himself alone and not in his neighbor. ⁵ For each will have to bear his own load.

GROWTH GROUP DISCUSSION GUIDE

The Gospel frees us to restore, not reject, those broken by sin.

For the week of November 4th, 2018

SERMON RECAP

The Gospel frees us to restore, not reject, those broken by sin.

Restoration...

1. Who is to do it
 - you who are spiritual (vs 1)
 - bear one another's burdens (vs 2)
2. How it's to be done
 - gently (vs 1b)
 - watchfully (1c)
 - humbly (vs 3-5)
3. Why it's to be done
 - to fulfill the law of Christ (vs 2)

WORD

1. What was one thing in the sermon that stood out or hit home for you?
2. In Galatians 6, Paul talks about the importance of bearing different types of burdens for one another. In verses 1-5, what specific type of burden are we called to bear for others?
3. Verse 1 talks about a fellow believer being "caught" in a transgression. Pastor Jason described how "caught" means more like "caught in a trap," and less like "caught with your hand in the cookie jar." How does having the right understanding of "caught" help the way we respond to a struggling believer?
4. We often make excuses to not come alongside a brother/sister who is struggling with sin. Pastor Jason listed these 5 excuses:
 - a. I need to surround myself with positive people
 - b. They did this to themselves, they can deal with it themselves
 - c. I don't really have anything to offer
 - d. If I help them, I will actually bring a burden on myself
 - e. I worked through it on my own; they need to do the sameDo you see a tendency in yourself to make any of these excuses? If not these, what excuse are you prone to making?
5. If you were to fall into a trap of sin, what is one way that a brother or sister in Christ could lovingly confront you in a gentle way?
6. Do you have a story to share about a brother or sister who helped you work through a very real struggle in your own life?
7. Verse 2 mentions the "law of Christ." What is that (see Gal 5:14)?

8. When you think of the way that Jesus has borne the burden for your sin, in what way does it affect the way you think of others who are struggling with burdens of sin?

ACTION

1. If there is a particular sin struggle that is hindering your walk with God, then find a fellow believer whom you trust, and ask them to help you bear the burden and live in the freedom of the gospel.
2. Perhaps there are people in your growth group who have withdrawn from the group, and you know it is because they are struggling with some aspect of sin. Make a plan to reach out to that person in love and help them bear their burden.

PRAYER

1. Pray for the Lord to give you the gentle heart of Jesus toward those who are caught in the trap/s of sin.
2. Pray that UBC's Growth Groups will be communities that grow and abound in love for one another.
3. Pray specifically for those in our church who have been courageous enough to be honest about their struggles and are now in the midst of finding help and healing (which isn't always easy).

